

A few years ago I had the good fortune to run into a man who was looking for an apartment. As I was showing him what our community had to offer, we discussed the reason he was looking for a new place to live. He told me he was new to the area and was going to set up his chiropractic office. I was looking for a new doctor and having not been satisfied with the care I had received from several local chiropractors, I pursued the conversation. He told me he was a specialist in a new kind of care. Hmmmm, now I was very curious. When he told me he did brain stem manipulation a bell went off in my head. This was exactly what I had been looking for. The more he told me about the procedure and the healing it could provide, the more excited I became. I wanted to set up an appointment to see him right away but he told me he had not opened his office yet. Although he did not rent an apartment from me, I begged him to keep in touch. I was in great need of help with several problems that ordinary medical doctors could not seem to pinpoint, or relieve.

Months passed and I left that community to work a few miles away at one of our other properties. One day I called the old property and learned I had some mail. Learning that it was Dr. Racine, I asked them to send it immediately. I can't believe they had been throwing it away and had not contacted me. Dr. Racine had been also trying to reach me by phone. Unfortunately, our company policy dictates that we never divulge an employee's address or phone number. I knew he was the doctor for me by his persistence in trying to locate me. I was in his office within a few days of getting his telephone number.

Word cannot begin to express how much his care and understanding has helped me not only as a doctor but also as a person. Aside from his great personality and wit (so unlike regular doctors), he truly cares about his patients. He listens carefully and even suggests related opinions for my care and well being. I have never had a doctor that explains procedures and results in the detail and clarity that he has. He makes you feel like he is a partner in your healthcare not just some egocentric dictator issuing orders. You never feel like you are being rushed thru your session, he is never distracted and "thank you Lord" I never have to wait more than a few minutes for my appointment. As for treatments he provides, I cannot say enough. I had been suffering from a bevy of ailments that although not life threatening was diminishing my quality of life. Things like headaches, muscle pain and spasms, digestive, elimination problems and serious menstrual difficulties. For years I suffered from sciatic episodes, sometimes so bad I would fall down and severe heartburn, as well as allergic conditions. Probably the worst were my mood swings and outbursts of anger. I knew I needed medical care but going to teen different specialists was out of the question (even with insurance). It never occurred to me that all these maladies could be related. They all came from one source, a misaligned vertebrae and a choked brain stem. Sitting in the manipulation room reading all the possible side effects of a restricted brain stem was more than a wake up call; it was the answer to all my prayers! I had to laugh when I realized there were only 5 things on the chart I DID NOT have. I don't think I have to tell any of Dr. Racine's patients the absolute relief I felt upon reading this or the sense of elation finding out that the only doctor could be the remedy to nearly ALL my ailments. In the two years I have been a patient my health has improved 100% and the quality of my life is GREAT!! It is rare

that I have to consult another doctor for a medical problem. With my body now finely tuned I can keep in tune with my body. Understanding what it needs to maintain my health and well being. My 16 year old daughter has suffered from many of the problems that plagued me. She is also under Dr. Racine's care. By starting treatment at such an early age will be to avoid a lot of conditions she would have later in life. My mother is under treatment as well, with Dr. Racine's mentor Dr. Pierce. By looking at the three of our x-rays together you can really see what happens throughout your life without alignment. I am happy to know that I will not have to suffer as my mother did and my daughter is rather ecstatic knowing she has avoided what we did not. It is a shame that more people don't understand just what brain stem manipulation can do. I never miss an opportunity to try to help other people as Dr. Racine has helped me. I think it was divine intervention that brought him to me and I am forever grateful. On a personal note I would like to commend Dr. Racine on his incredible patience because I am the worst kind of patient and he has never held that against me.

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